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South London

NIHR ARC South London Research Leadership Academy

To enhance the leadership qualities needed to develop successful 'applied health and social care' research careers.

Prof Cilla Harries

Feedback from last year's Academy participants

"This academy helped me to develop a deeper understanding of research leadership qualities and provided me with strategies, ideas and directions on how to improve my research career."

"For me the most valuable aspect was the action learning sets - this was a great opportunity to meet and troubleshoot with peers outside of my department."

"The academy has provided more insights on how to build collaboration and networks. I have now more ideas about the importance of a good research project and the planning of costs and the logistics of it."

Introduction and context

- Led by Professor Cilla Harries, deputy theme lead, research capacity building Theme

- 2022 was for ARC South London applicants only (evaluation report), in 2023 for London ARCs - now open nationally.

- 24th January 2024 12.30- 2pm - action learning set training and peer group/leadership formation (you will be grouped with those with similar levels of experience, as indicted by you in the application form).

- Plus 14 one hour, recorded, online lectures (Wednesdays 1-2pm, Feb-June, breaks for hols) and 10 one hour, online, action learning sets. I hour mentorship.

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Applicants

- academic staff
- researchers
- clinical academics
- PhD students
- PPI members

- No cap on number of places

- We particularly encourage applications from people from diverse backgrounds.

- Apply at: NIHR ARC South London Applied Research Leadership Academy | ARC South London

- Please complete anon Equality, Diversity and Inclusion form at end of application submission (separate link provided on submission)

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Purpose

Participants will be supported to be more able to:

- Reflect on their personal vision for their research career
- Develop a deeper understanding of their research leadership qualities
- Develop skills to design, and deliver research projects and impact
- Understand the value of stepping up for leadership opportunities
- Understand how to strategically lead research at local/national/international levels
- Understand how to organise, give and receive mentorship/coaching

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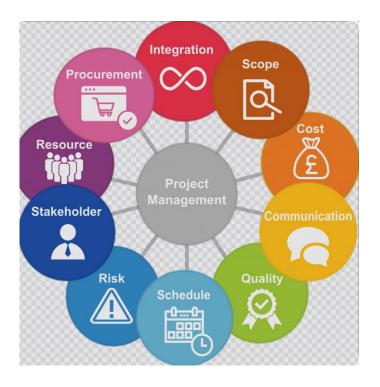| Date	
16th October 2023	Scheme open for applicants https://qualtrics.kcl.ac.uk/jfe/form/SV_eDuM6hhNNah80AK
19th and 30th October 2023	Briefing session for prospective applicants (online)
6th November 2023	Deadline for applications
Late Nov/ Early December 2023	Applicants informed of outcome
January – June 2024	Academy participation
June 2024	Online evaluation completed and early evening celebration event

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Content

- Research leaders' journeys: successful research leaders will give talks about their journey and career decisions and will host Q&A.

Content

- Skills training: to learn how to cost grant applications, manage research finance, project management, rules about applying for specific funding streams.

Content

- Leadership qualities development: learn how to build effective collaborations, be resilient and support diversity in leadership.

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Content

- Action learning sets (peer led): problem solving and action progression (sets/teams of 10) Meet weekly online 10 times at time of group's choosing.

Content

Exploring and accessing Centres of Research Excellence (REF 3*/4*)

Individual mentorship/coaching session – guidance given on how to organise the mentorship yourself and how to use the 1 hour session.

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Research Leadership Academy

Programme

January – June 2024

Sessions will take place online on Wednesdays between 1pm – 2pm
*Please note session on 13 March will be 12.00pm – 1.00pm

24 January **1.00 – 2.30**	**Introduction to the Academy/Action learning sets training** [Professor Cilla Harries](#), ARC South London Deputy Theme lead for capacity development
31 January	**International Partnership Building (Palliative Care Theme)**
7 February	**Driving research quality - The Research Excellence Framework (REF)**
21 February	**Health Inequalities/Diversity in PPI**

28 February	**Costing up and managing grant applications/funders rules**
6 March	**Contracting and Project Management including NIHR contracting**
13 March	**Research at the NHS Coal Face: navigating the challenges, facilitators and systems**
20 March	**How to form and run research collaborations/consortia (ARC Director)**
17 April	**How to engage Black and minoritised women in research; a workshop with a service user voice/engagement specialist.**
24 April	**Research Mentorship/Coaching**
1 May	TBC
8 May	TBC
15 May	**Your research: route to impact and developing a theory of change**
22 May	**Research Resilience – adapting to change and stakeholders' needs**
5 June	**Equality in Research Careers**

- 10 online, Action Learning Sets
- 10-12 members in each, peer led set
- Set members grouped using experience level (you identify level in your application)
- Lead and Deputy for each set. Dates for set to meet organised, by leads, around set availability.
- Training to **use** and **lead** the set at first event on 24th Jan.

Action Learning Sets

- Powerful questions
- Active listening
- Sharing and learning
- Reflection
- Action
- Group and individual development

For further information or enquiries

- Contact, NIHR ARC South London, Capacity building theme email: arcshortcourses@kcl.ac.uk

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Thank you