

Lambeth Early Action Partnership (LEAP): the best start in life begins with pregnancy

Carla Stanke, Public Health Specialist

Midwifery Continuity of Care webinar
11 February 2022



Lambeth Early Action Partnership (LEAP)

A 10-year, collective impact,
place-based initiative
(2015-2025)



- Funded by The National Lottery Community Fund as part of their A Better Start initiative
- A Better Start tests new ways of making support and services for families stronger, so that children can have the best start in life



Who is LEAP for and why?

We aim to transform the lives of babies and toddlers (aged 0-3) and their families. Our broad approach is:

1. to fund and support enhanced early years services in our area
2. to connect and coordinate services, so that families in our target areas can access more tightly joined-up pathways of support, with the aim that fewer families slip through the net
3. through learning and dissemination, to act as a catalyst for better early years services across Lambeth and beyond





How does LEAP support babies, children and families?

We fund, continuously improve, and evaluate over 20 services:

- Services that work directly with children
- Services that support children indirectly

All our services link together and work towards shared goals around improving children's outcomes. We focus on **diet and nutrition, social and emotional development and communication and language.**



LEAP population

- 3,844 babies born in Lambeth in 2019. Of these, 758 (20%) were LEAP babies
(ONS live births 2019)
- 14,815 children under 4 living in Lambeth. Of these, 2,745 (19%) are LEAP children
(ONS population estimates 2019)
- 8 out of 10 five year olds are not White British
(EYFSP 2019)



LEAP population

- Lambeth is 11th most deprived borough in London
- LEAP wards within the top 8 most deprived wards in Lambeth
- 43% of neighbourhoods are classified as 'most deprived' and 68% of children live in 'very deprived' households

(IMD & IDACI 2019)



Pregnancy: best start in life

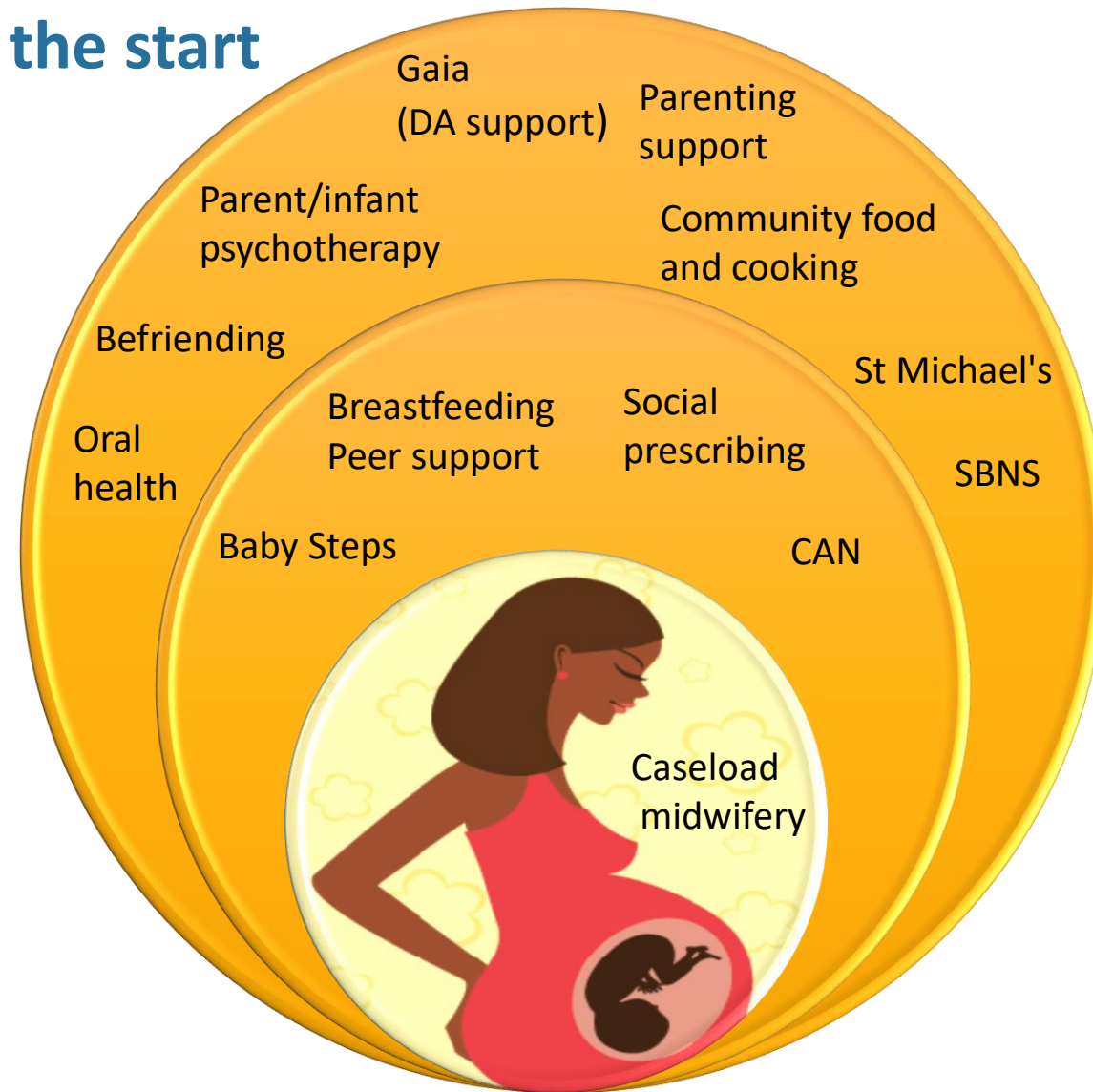
- The first 1001 days are well-established as a critical time for development: the events that happen during this crucial time can have a lasting impact on a child's physical and mental health into adulthood
- Pregnancy provides a wealth of opportunities for supporting pregnant women/birthing people to have better outcomes for them and their babies
- The statistics about inequalities in pregnancy are sobering (e.g., ethnicity, deprivation)
- A healthy, planned pregnancy sets the foundation for better outcomes for women and their babies, addresses inequalities and helps achieve good health and wellbeing for all children, now and in the future

Pregnancy: what do we offer?

- Midwifery continuity of care
- Baby Steps
- Community Activity and Nutrition (CAN)
- Breastfeeding peer support
- My Village (maternity care + social prescribing)
- Parenting support, parent/infant psychotherapy
- Domestic abuse enhanced support
- + much more in early postnatal period



LEAP: pregnancy at the start of the journey



Handy referral guide for Lambeth Early Action Partnership

Does the family live in the LEAP area?

Use our postcode checker: visit leaplambeth.org.uk/referrals

Is the family expecting a baby?

Would the family benefit from...

An antenatal programme

Baby Steps*

07500 880 763 / BabySteps@gstt.nhs.uk



Advice on healthy eating and keeping active

PINE (for women booked at Guy's and St Thomas' with a BMI between 18.5 – 24.9)*

07468 701 028 / Jo.Bennett@gstt.nhs.uk



Support with a Body Mass Index of 25 or over

Our activity and nutrition programme, **CAN***

0750 0880 763 / CAN@gstt.nhs.uk



Home visits for first-time young mums and families

Family Nurse Partnership (from early pregnancy until the child turns 2)*

020 3049 5173
gst-tr.lambethfnp@nhs.net



One-to-one support for parents at risk of domestic abuse

Safer Families: Enhanced Caseworkers

020 7733 8724 / lambethvawg@refuge.org.uk



Does the family have children aged 0-3 years?

Social and emotional development. Would the family benefit from...

Support with becoming a confident parent, understanding cues, managing behaviour and coping with stress

Lambeth's Parenting Support Service (0-3+ years old)

<http://lambeth.gov.uk/parenting>
parenting@lambeth.gov.uk



Group sessions supporting parent-baby relationships

PAIRS Together Time (3-8 months)

07718 251 099 / 07753 136 813
PAIRS_Lambeth@slam.nhs.uk



Support with parent-infant relationships

PAIRS One-to-One (0-3 years old)

07718 251 099 / 07753 136 813 / PAIRS_Lambeth@slam.nhs.uk



Support for parents at risk of, or experiencing, domestic abuse

Safer Families: Enhanced Caseworkers (0-3 years old)

020 7733 8724 / lambethvawg@refuge.org.uk



Support from a local parent to attend early years activities

Parent Champion Befrienders (mums / carers with a child aged 0-18 months)

07949 073 437 / kdunkley@ncb.org.uk



Communication, language and literacy support. Would the family benefit from...

An early communication and language course

Supporting Babies' Next Steps (up to 1 year old)

07949 077 406 / cmartinez@ncb.org.uk



Raising Early Achievement in Literacy course

Sharing REAL with parents (18 months – 3 years old)

07949 077 406 / cmartinez@ncb.org.uk



Weekly group sessions run by a speech and language therapist

Chattertime (0-3 years old)

07949 077 406 / cmartinez@ncb.org.uk



Home visits to support parents and children in reading for pleasure

Doorstep Library (0-3 years old)

020 8870 1476
amy@doorsteplibrary.org.uk



Stay and Play sessions in nature – improving communication, language and wellbeing

Natural Thinkers (4 months – 3 years old)

07949 077 406 / cmartinez@ncb.org.uk



Feeding and healthy eating. Would the family benefit from...

Non-judgemental infant feeding support

Breastfeeding Peer Support (antenatal and postnatal)

07566 263 560 / 0792 7690 965
lambethinfantfeedingservice@nhs.net



Support to develop a healthier family lifestyle

Healthy Living Platform (0-3 years old)

07701 365 551
helenieleap@gmail.com



LEAP in the community

We've also got lots of weekly drop-in events for families – and support for professionals like you. See online at:

leaplambeth.org.uk/referrals

LEAP

Lambeth Early Action Partnership

*Midwifery or maternity services usually refer eligible women, but you can still refer someone who hasn't been contacted.



We are learning...

A quick search of our data tells us:

- 41 women engaged with MCoC + Baby Steps
- 31 women engaged with MCoC + BFPS (likely a large under-estimate)
- 30 women engaged with MCoC + CAN
- 9 women engaged with MCoC + Baby Steps + CAN + BFPS

Our Data Integration Platform is being finalised and a deeper understanding of the collective impact of these services is coming!

Thank you and questions?

Contact me: cstanke@ncb.org.uk



Lambeth Early Action Partnership

LEAP Caseload Team

Issy Bourton , LEAP Caseload Team Leader

Giulia Ciarapica, LEAP Midwife

Midwifery Continuity of Care webinar

11 February 2022



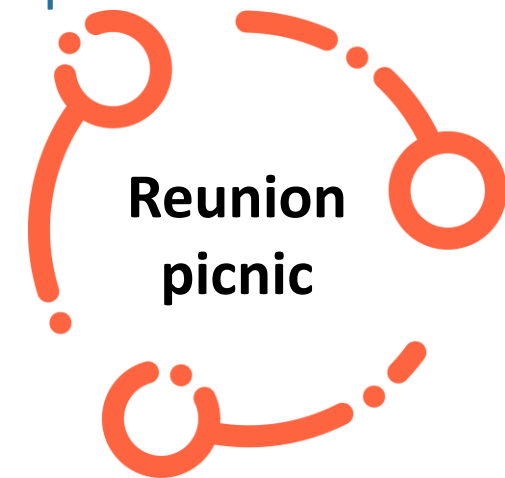
How we work

- Community based in a Children's Centre
- 6 WTE midwives and 1 MSW
- Each midwife has a caseload of 1:36 PCY (team leader 1:30)
- Providing continuity of carer from a named midwife throughout pregnancy, birth and the postnatal period.
- Choice of place of birth and home labour assessment.



Our focus

- Promoting social & emotional wellbeing
- Improve women's experience during pregnancy
- Improve parents' mental wellbeing
- Build on & strengthen their social networks and communities
- Improve early childhood development and reduce local inequalities



Criteria for caseload care

Women who find services hard to access	Women needing multiagency services
Those living in poverty/ deprivation/ experiencing homelessness	Women who are subject of safeguarding concerns
Refugees and Asylum seekers, women with NRPF	Women with substance and/or alcohol abuse issues
Victims of abuse, including trafficking and sex work	Women with physical/emotional and/or learning disabilities
Young mothers	Women with mild to moderate mental health concerns
Unsupported mothers	





My experience with LEAP

Shakti Pandey, service user

Midwifery Continuity of Care webinar

11 February 2022

