

NIHR Applied Research Collaboration (ARC) South London: Active Involvement in Research 2025

Tuesday, 28 October 2025, 9.30am – 1.30pm

The Foundry, 17 Oval Way, Vauxhall, SE11 5RR

Theme: **Reflecting on achievements and experiences, and sharing learning, to inform involvement in future applied health and care research in London**

9.30am – 10am	Registration and refreshments
10 – 10.05am	Welcome, housekeeping and introduction with Dr Natasha Curran, implementation and involvement team lead at ARC South London and medical director at the Health Innovation Network (HIN) South London, and Rashmi Kumar, the ARC's Involvement Advisory Group chair and a public member on the ARC's Executive and Board
10.05 – 10.15am	Involvement in applied health and care research in London: Dr Jane Stafford, associate director of operations, ARC South London
10.15 – 10.30am	How do we engage our diverse communities in research? Ganesh Sathyamoorthy, assistant director for Applied Research Collaboration Northwest London and Ethnicity and Health Unit, Imperial College London
10.30 – 11.10am	Breakout groups (A)
11.10 – 11.30am	Break and refreshments
11.30am – 12.10pm	Breakout groups (B)
12.10 – 12.30pm	Feedback from breakout groups, discussion and close
12.30pm	Feedback forms, lunch and stalls
1.30pm	Close

Breakout group topics

There are four breakout group topics offered across sessions **A** and **B** featuring an opportunity to share practical examples of what has worked well in ARC or other settings, which could be learnt from in future:

1. Involvement in governance, at organisational and theme level
2. Developing contributors' skills and knowledge for more in-depth roles, e.g. being co-authors, peer research
3. Involving groups and networks (e.g. for patients, carers, communities): partnerships beyond individual level
4. Inclusive involvement addressing health and care inequalities.