

**A collection of  
resources to support  
public involvement  
in research for  
researchers,  
non-researchers  
and public contributors**

The implementation and involvement team at NIHR ARC South London have brought together a unique collection of resources designed to support involvement in research. The resources are grouped by theme. We have indicated what the resource is, who it is designed for and have given a brief summary of what it contains.

In addition, if you are new to research, we have brought together some [free resources on the ARC South London website](#) that provide a practical introduction to carrying out research. These resources are suitable for public contributors, researchers or anyone wanting to carry out research without a research background.

- Resource type
- ARC researchers
- Non researchers
- Public contributors

-  guidance
-  event
-  book/e-book
-  podcast
-  training
-  webpage
-  toolkit

## Involvement in research

– this section contains resources providing advice and guidance on best practice in involvement in research.

### Overall

Briefing notes for researchers– public involvement in NHS, health and social care research



Guidance which explains the different ways that members of the public are involved in research. It will help you to plan resource and support public involvement in research

free

UK Standards for Public Involvement



The standards are a description of what good public involvement looks like and encourage approaches and behaviours that are the hallmark of good public involvement such as flexibility, sharing and learning and respect for each other

free

4pi National Involvement Standards



A framework for the involvement of service users and carers – in our own care, in our communities, in service delivery and evaluation and in organisational governance and strategy

free

Imperial PPI Training

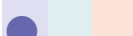


Four weeks (4 hours per week)  
– learn how patients and the public can be involved across the research cycle

free  
{or £35 with certificate}

ARC South London Involvement Learning Network		  	Bi-annual events held by ARC Involvement team to facilitate sharing of learning around involvement in research	free
NIHR INVOLVE		  	A library of involvement resources. <i>Note: INVOLVE doesn't exist anymore was taken over by NIHR Centre for Engagement and Dissemination in April 2020</i>	free
Being Inclusive in Public Involvement in Health and Care Research		  	A NIHR guide detailing things to think about to be more inclusive in public involvement and developing research communities	free
A practical guide to being inclusive in public involvement in health research		 	A NIHR guide which provides practical examples, lessons and tips for preparing for delivering inclusive involvement	free
A research handbook for patient and public involvement researchers		 	A handbook written for patients and and members of the public who want to understand more about the approaches, and language used by health-services researchers	free
Training and Resources for Public Involvement in Research		  	NIHR Learning For Involvement – details a number of training courses and resources around involvement	free
NIHR Oxford Biomedical Research Centre PPI researcher guidance		  	Detailed guidance on PPI, including what it is, ethical approval, costing involvement and resources for PPI in practice	free
NIHR Centre for Engagement and Dissemination				
HIN Academy			Ad hoc training – open to HIN staff	free
Healthtalk PPI in research			Information on taking part in research as a patient or member of the public, including a video of people's experiences, an introduction to PPI and reasons to get involved	free
Mental health research PPI video series		  	Whilst aimed at mental health research, this website contains a video series in which experienced public contributors mental health research talk to researchers about their role. The conversations offer lots of useful insight, experience and guidance for researchers	free

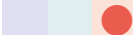
NIHR Research Design Service London Training on Implementing public involvement



Implementing public involvement workshops designed London health and social care researchers and professionals to help include good quality public involvement in research

free

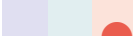
NIHR Starting Out Guide 1



Written to help and advise members of the public who would like to get involved involved, or have recently become involved in research. In this guide you will find key information and principles about getting involved in research

free

NIHR Starting Out Guide 2



Further information for members of the public on why and how to get involved in research

free

Cambridge BRC Training

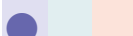


Online training session, aimed at researchers (but also available to NHS). Includes introduction to PPI, ways to, involve people writing lay summaries and evaluating PPI

free

**Payment**

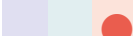
NIHR Payment guidance for researchers and professionals



Central NIHR guidance around payment and recognition for involvement in research (aimed at researchers)

free

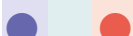
NIHR Payment guidance for members of the public considering involvement in research



Central NIHR guidance around payment and recognition for involvement in research (aimed at members of the public)

free

ARC South London Payment Policy



Internal guidance for involvement payments - contact [sophie.lowry2@nhs.net](mailto:sophie.lowry2@nhs.net) for a copy

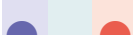
free

Health Innovation Network Payment Policy



**Co-applications**

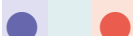
Public Co-app Webinar



A recorded webinar discussing the appropriateness of having a public co-applicant in health and social care research

free

NIHR's Public Co-Applicants in Research: Guidance on roles and responsibilities



Guidance on roles and responsibilities in co-applications

free

## Co-production

A map of resources for co-producing research in health and social care



Produced by ARC West – a map of resources to guide, researchers professionals and public contributors through the different tools and guidance that can help people produce research together. Also see: <https://arc-w.nihr.ac.uk/patient-and-public-involvement/co-producing-research-resources-and-toolkitlist/>

free

COVID-19 and Co-production in Health and Social Care Research, Policy and Practice – Part 1



An e-book around the Challenges and Necessity of Co-production

free

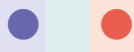
COVID-19 and Co-production in Health and Social Care Research, Policy and Practice – Part 2



An e-book around co-production Methods and Working Together at a Distance

free

A guide for co-researchers working on co-produced research projects



A booklet explaining co-research and co-production, and what to expect

free

NIHR Guidance on co-producing a research project

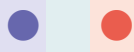


This guidance, written for the public, researchers and health and social care practitioners has a focus on co-producing research projects and in particular, how co-producing relates to public involvement in health and social care research

free

## Participatory Research

Participatory Research Methods – Choice Points in the Research Process



Paper on participatory research methods - what it is, definitions and points where participation can occur

free

Ensuring Quality: Indicative Characteristics of Participatory (Health) Research



Criteria to be used when reflecting on the quality of participatory research projects

free

## Involving Black, Asian and Minority Ethnic (BAME) Groups

A toolkit for increasing participation of BAME groups in Health and Social Care Research



This toolkit aims to capture such best practice and provide researchers with a framework on how to improve the participation of BAME groups in research

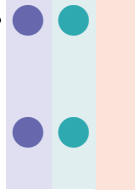
Key messages from BAME Toolkit



From the BAME toolkit (detailed above) this resource provides a checklist to help address issues of inclusion and equality with respect to BAME communities

## Involving Young People

Involving young people in research work



A list of the most important things that everyone needs to know when running a meeting with young people

eYPAGnet Toolkit



The toolkit is designed to take you through each part of the process of setting up a Young Persons Advisory Group

## Equality, diversity and inclusion (EDI) in research

- this section contains resources providing guidance on best practice in ensuring equality, diversity and inclusion in research.

### Overall

Being Inclusive in Public Involvement in Health Research



A helpful series of prompts for researchers and for those whose job it is to support public involvement in research

free

### Inclusive Language

King's Fund Blog on Inclusive Language

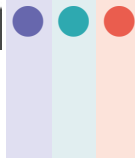


A short article on the importance of inclusive language, including reflections to consider when using certain terms

free

### EDI and involvement

How to incorporate Equality, Diversity and Inclusion (EDI) in Patient and Public Involvement (PPI)



A recorded webinar which covers: what is EDI, the barriers to incorporating EDI in PPI and how to overcome them as well as practical guidance, tips and resources on how to adapt a PPI programme to incorporate EDI successfully

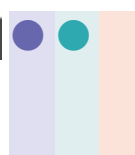
free

## Evaluating research





- this section contains resources which provide advice and guidance for anyone interested in carrying out evaluation of health or social care services.

### Overall

Evaluation Online Network



Set up by West of England AHSN and NIHR ARCWest, this is a virtual group for anyone interested in evaluation, with no membership criteria

Evaluation Works Toolkit	 	A toolkit providing a simple step by step guide to support development of an evaluation	free
<b>Involvement in Evaluation</b>			
Guidelines for PPI in Evaluation	 	Produced by the West of England Evaluation Strategy Group. Guidelines for patient and public involvement in evaluation: Building and sustaining a culture of involvement in evaluation	free

## Research ethics

– this section contains resources providing guidance for anyone interested in understanding more about the process of obtaining ethical approval for research.





### Overall

Research Ethics Service and Research Ethics Committees	 	HRA website with detailed information on the process	free
Understanding health research: ethical approval	 	Introduction to ethics	free

## Implementing research into practice

– this section contains resources providing guidance for anyone interested in learning about the science of implementing research into practice.

### Overall

Implementation Science Masterclass	 	Organised by NIHR ARC South London, including lectures, small group workshops and advice clinics	course fees depend on your role, see website for details
Implementation Science Conference	 	Annual conference organised by NIHR ARC South London, showcasing the latest research in implementation science applied to health and social care	course fees depend on your role, see website for details

KIS glossary of terms used in improvement and implementation



A collection of terms and definitions from the fields of quality improvement, improvement science and implementation science. It also draws on relevant terminology from health economics, patient and public involvement, evaluation and research

free

Bitesize guides to Implementation



A series of short sessions - an introduction to implementation, implementation science and frameworks, checklist and a Q&A

### Implementation Science Research

Centre for Implementation Science  
- Inspiring Change 2.0



A self-directed mini-course that shows you how implementation science can enhance how you inspire and support change

free

Essential Implementation Podcast



A podcast from ARC Yorkshire & Humber which speaks to implementation scientists, researchers, clinicians, healthcare staff, project managers, implementation practitioners and many more about their experiences and views in regards to implementation

free

### Practical Implementation

ARC South London Insights into Implementation



Ad hoc events organised by the ARC South London Implementation team, providing insights into practical implementation through the use of case studies

free