

## NIHR ARC South London 'Inside Research' seminar series

**Date:** Wednesday 3 November 2021, 6.00–7.30pm

**Theme:** *Participatory and community-based approaches to tackle health inequalities*

### Programme

Chaired by **Ranjeet Kaile**, Director of Communications, Stakeholder Engagement and Public Affairs at South London and Maudsley NHS Foundation Trust

6.00–6.10pm **Welcome from the chair**

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### Presentations and Q&A

6.10–6.25pm **Presentation 1: Working together: building a community, diversity and participatory approach to research and practice – ARC South London's Public Research Panel**

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Presenters:

**Dr Josephine Ocloo**, senior researcher, King's College London and equity, diversity and inclusion lead, ARC South London; **Dr Clare Coultas**, research associate, ARC South London's public health and multimorbidities theme; **Leah Bedward**, abuela doula, social worker, energy and wellness coach and intersectional womanist; and **Rachael Buabeng**, 'mumpreneur', author, MVP co-chair, founder of community group [Mummy's Day Out](#) and founder of a network for mothers who have/have had hyperemesis gravidarum (a rare condition causing severe nausea in pregnancy).

6.25–6.40pm **Presentation 2: Involving diverse communities in maternity research – collaboration and co-production**

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Presenters:

**Dr Abigail Easter**, ARC South London's maternity and perinatal mental health theme deputy lead, senior lecturer in maternal and newborn health, King's College London; **Mary Newburn**, patient and public involvement and engagement (PPIE) lead for the maternity and perinatal mental health theme; **Agnes Agyepong**, head of engagement at Best Beginnings, maternal health advocate, and PPIE adviser

6.40–6.55pm **Q&A**

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6.55–7.15pm **Breakout sessions**

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7.15–7.25pm **Final reflections (all)**

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7.25–7.30pm **Final comments from the chair**

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### Breakout session questions

**Q:** What practical actions can we all take to support participatory ways of collaborating in research or in developing services?

**Q:** What more do we need to do in our own organisations/research areas?

**Q:** What general support is needed for this?

**Q:** Who are the groups we most need to target to include them? How can we make this happen?