



Using applied informatics to investigate physical health and the Covid-19 response in mental health and hospital services in South London

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Multimorbidity: A challenge for our health care system

NICE National Institute for
Health and Care Excellence

Multimorbidity: clinical assessment and management

NICE guideline [NG56] Published date: September 2016



*National Institute for
Health Research*

Highlight Notice

NIHR Theme: Complex Health and Care Needs in Older People

Multimorbidity: A challenge for our health care system

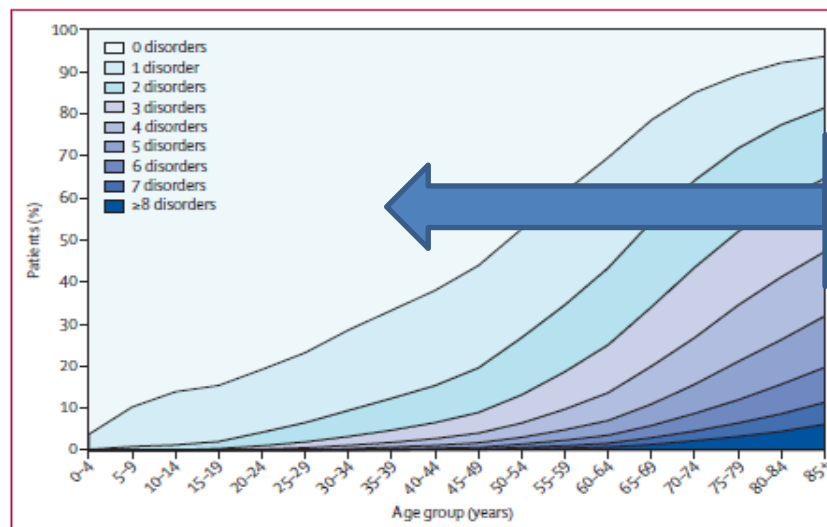


Figure 1: Number of chronic disorders by age-group

TAKEN FROM: Barnett et al. (2012). *Lancet*

Socio-economic
disadvantage

Ethnic minorities

Research using healthcare data: Electronic Health Records (EHRs)



CogStack



Clinical Record Interactive Search (CRIS)

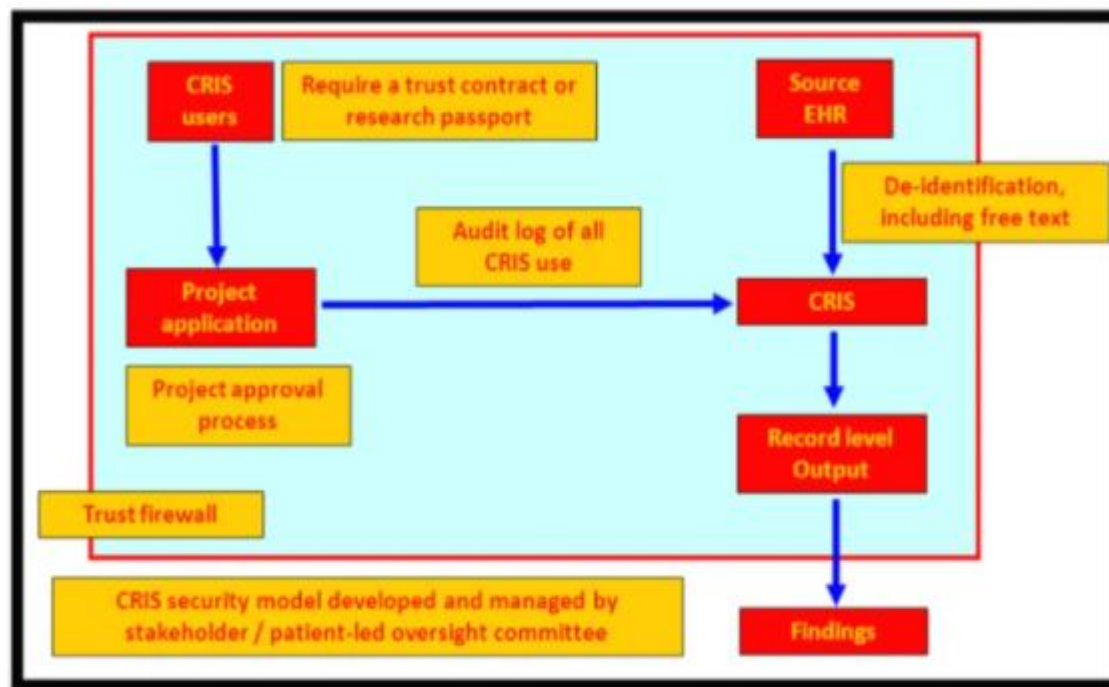
Patient's data available for research to improve health care services

Patients and Public
Involvement

Ethics
Approvals

Research
Passports

Research using healthcare data: Electronic Health Records (EHRs)





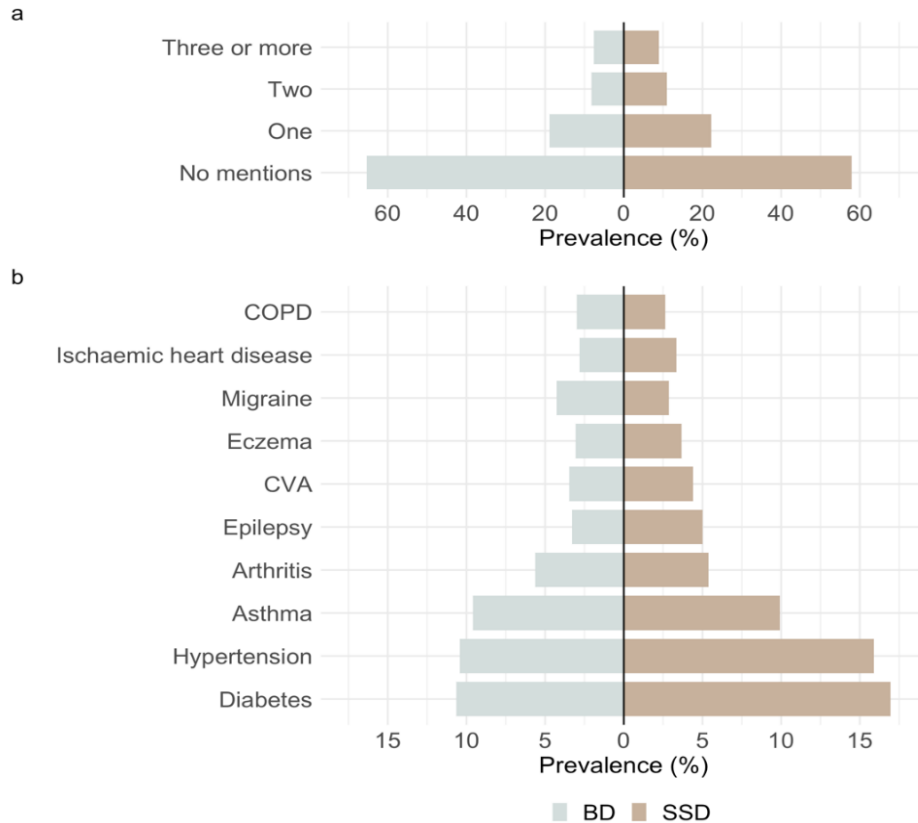
CRIS security model.

TAKEN FROM: Fernandes et al. Development and evaluation of a de-identification procedure for a case register sourced from mental health electronic records. *BMC Med Inform* (2013).

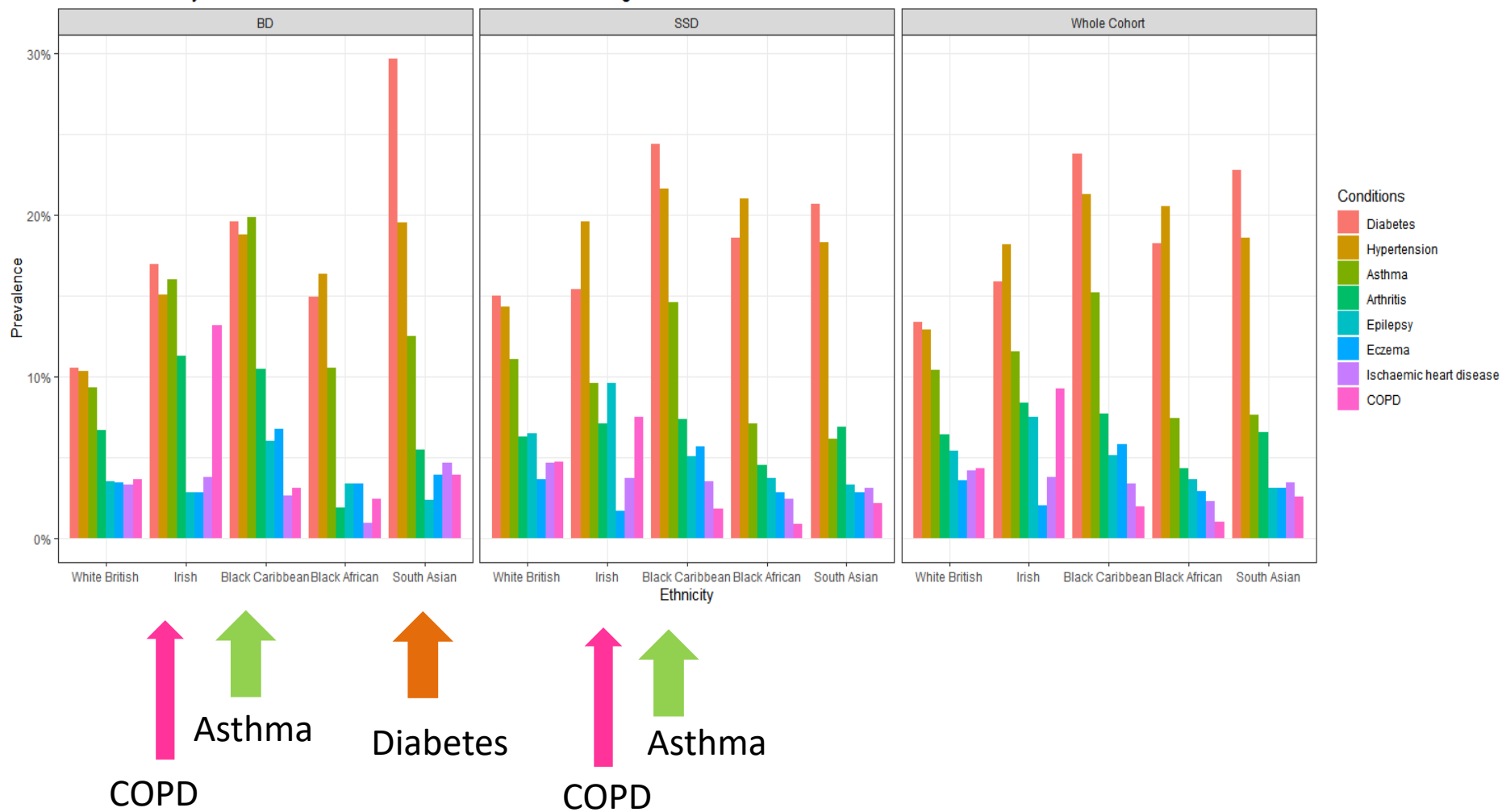
Data extraction of 21 health conditions from clinical notes from patients with severe mental illness

BMJ Open Mapping multimorbidity in individuals with schizophrenia and bipolar disorders: evidence from the South London and Maudsley NHS Foundation Trust Biomedical Research Centre (SLAM BRC) case register

Rebecca Bendayan ^{1,2} Zeljko Kraljevic,¹ Shaweena Shaari,² Jayati Das-Munshi,³ Leona Leipold ², Jaya Chaturvedi,¹ Luwaiza Mirza,² Sarah Aldelemi,² Thomas Searle,¹ Natalia Chance,² Aurelie Mascio,¹ Naoko Skiada,¹ Tao Wang,¹ Angus Roberts,^{1,2} Robert Stewart,^{2,3} Daniel Bean,^{1,4} Richard Dobson^{1,2,5}



Prevalence of Physical Health Conditions Across Ethnicities and SMI Diagnoses



2020

NEWS

[Home](#) | [Coronavirus](#) | [US Election](#) | [UK](#) | [World](#) | [Business](#) | [Politics](#) | [Tech](#) | [Science](#) | [Health](#) | [Family & Education](#)

[Stories](#)

Coronavirus: The month everything changed

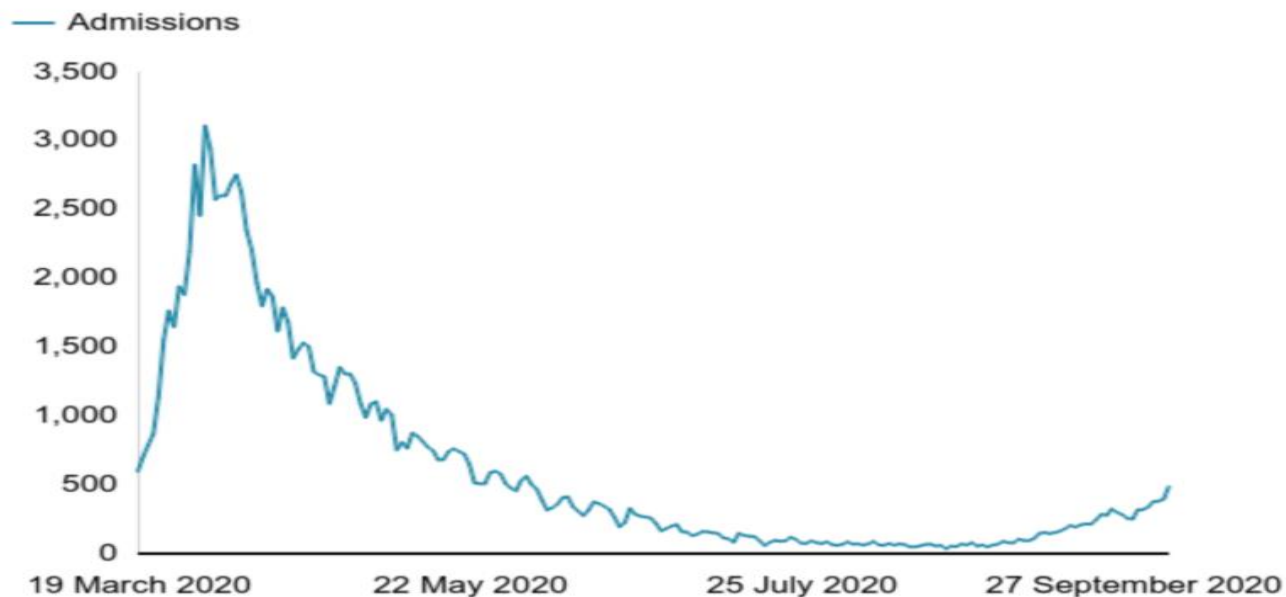
By Jon Kelly
BBC Stories

🕒 28 March

Coronavirus pandemic



Admissions since 19 Mar 2020



Source: Gov.UK

NEWS

[Home](#) | [Coronavirus](#) | [US Election](#) | [UK](#) | [World](#) | [Business](#) | [Politics](#) | [Tech](#) | [Science](#) | [Health](#) | [Family & Education](#)

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Coronavirus: The month everything changed

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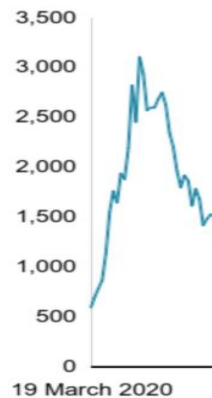
🕒 28 March

Coronavirus pandemic



Admissions sinc

— Admissions

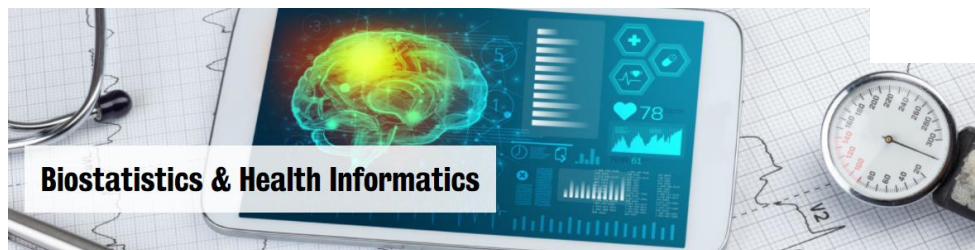


Source: Gov.UK



Real-world data in real-time!

MedCAT - NLP





Are antihypertensive drugs safe for COVID-19 patients?



European Journal of Heart Failure (2020) 22, 967–974
doi:10.1002/ejhf.1924

RESEARCH ARTICLE

Angiotensin-converting enzyme inhibitors and angiotensin II receptor blockers are not associated with severe COVID-19 infection in a multi-site UK acute hospital trust

Daniel M. Bean^{1,2}, Zeljko Kraljevic¹, Thomas Searle¹, Rebecca Bendayan^{1,3}, O'Gallagher Kevin^{4,5}, Andrew Pickles¹, Amos Folarin^{1,2,6,7}, Lukasz Roguski^{2,6,7}, Kawsar Noor^{2,6,7}, Anthony Shek⁸, Rosita Zakeri^{4,5}, Ajay M. Shah^{4,5,†}, James T.H. Teo^{4,8†}, and Richard J.B. Dobson^{1,2,3,6,7*†}

YES



Are there any ethnic differences in COVID-19 hospital admission risk?



A case-control and cohort study to determine the relationship between ethnic background and severe COVID-19

Rosita Zakeri^a, Rebecca Bendayan^{b,c}, Mark Ashworth^d, Daniel M. Bean^b, Hiten Dodhia^d, Stevo Durbaba^d, Kevin O'Gallagher^a, Claire Palmer^e, Vasa Curcin^d, Elizabeth Aitken^f, William Bernal^e, Richard D. Barker^e, Sam Norton^g, Martin Gulliford^d, James T.H. Teo^e, James Galloway^g, Richard J.B. Dobson^{b,h}, Ajay M. Shah^{a,e,*}

YES

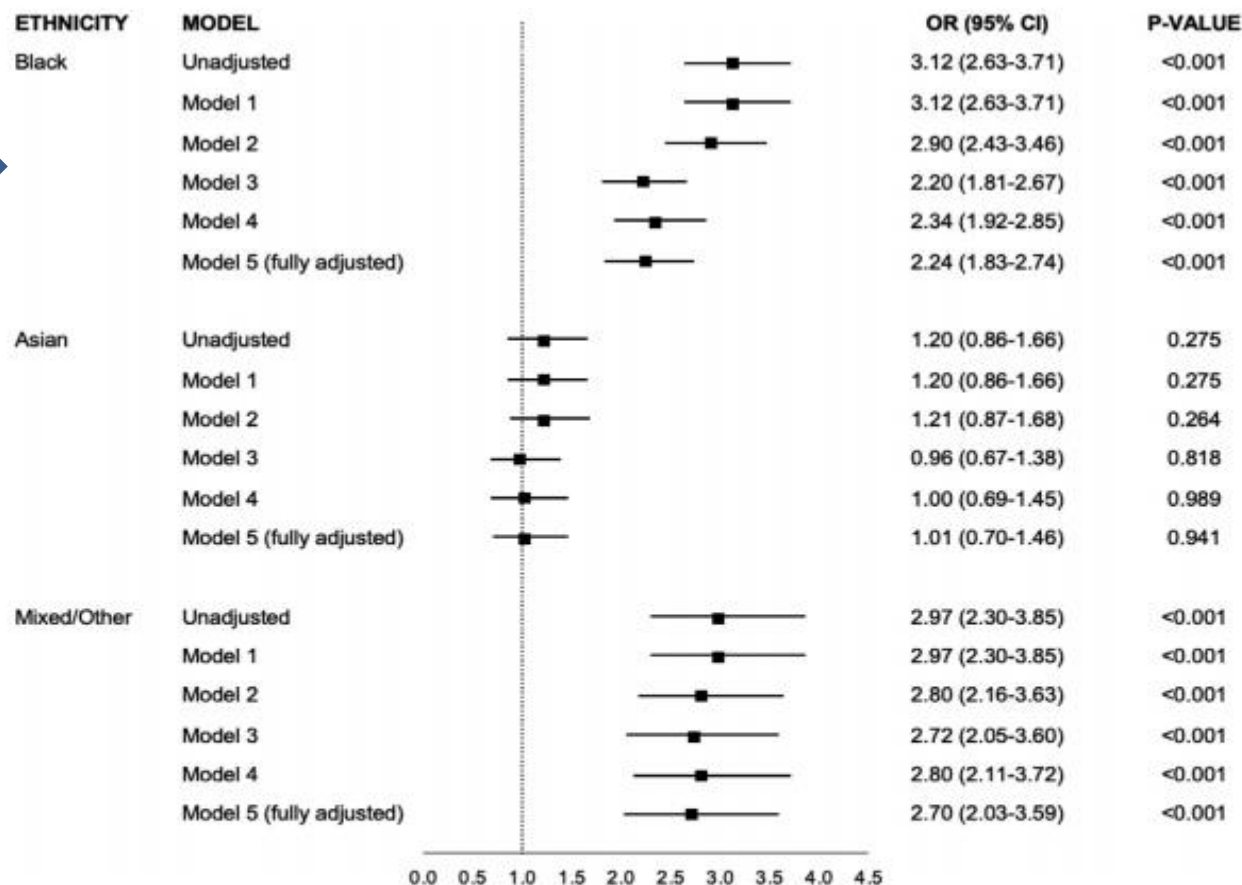


Fig. 2. Association between ethnicity and risk of hospital admission for COVID-19.

Odds ratios are compared to White ethnicity

Model 1 – adjusted for age and sex

Model 2 – adjusted for age, sex and index of multiple deprivation

Model 3 – adjusted for age, sex and cardiometabolic comorbidities*

Model 4 – adjusted for age, sex, and all comorbidities**

Model 5 (fully adjusted model) – adjusted for age, sex, index of multiple deprivation, and all comorbidities

*Cardiometabolic comorbidities include hypertension, coronary heart disease, heart failure, previous stroke/TIA, diabetes, chronic kidney disease.

**Cardiometabolic comorbidities, asthma, chronic obstructive pulmonary disease.

Hospital Admission

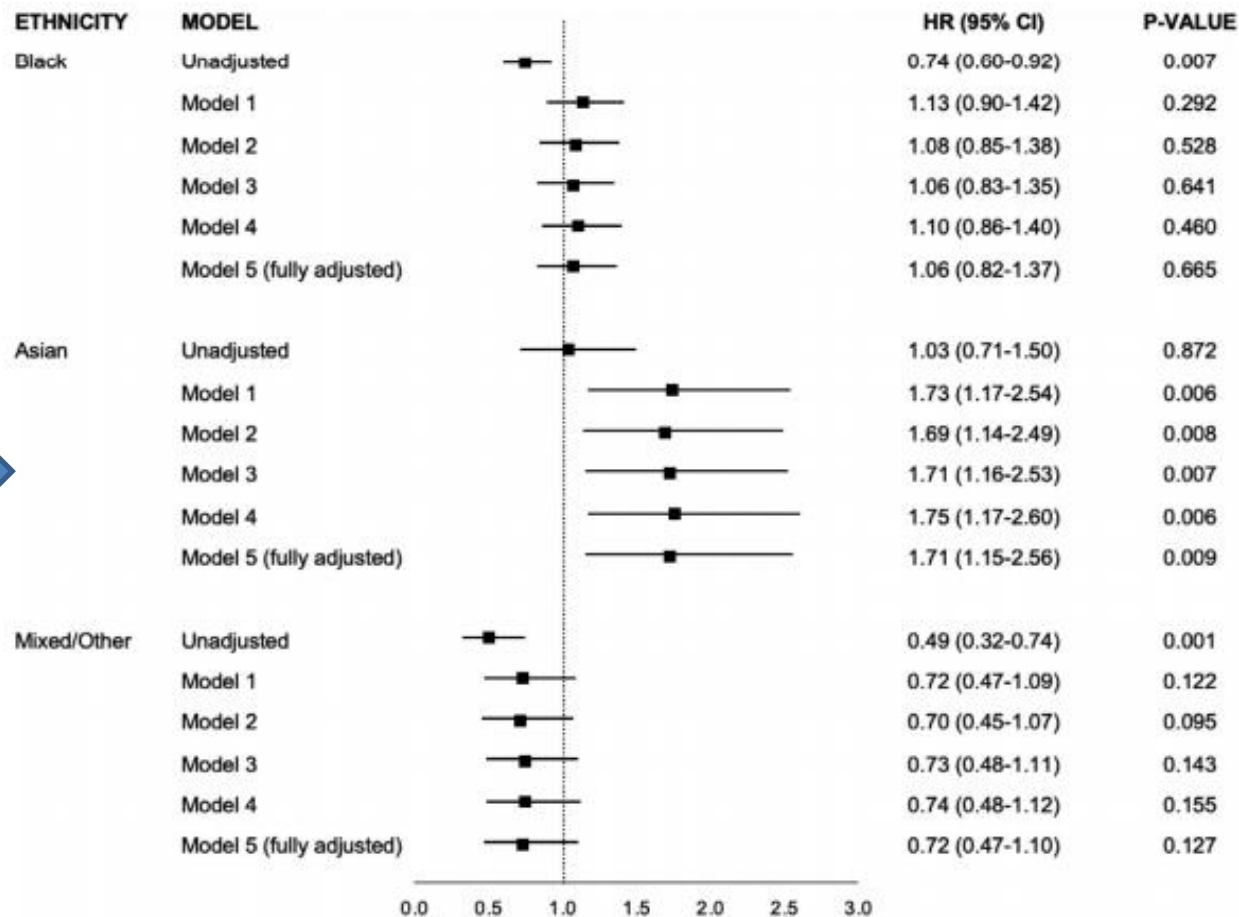


Fig. 3. Association between ethnicity and risk of in-hospital mortality with COVID-19.

Hazard ratios are compared to White ethnicity

Model 1 – adjusted for age and sex

Model 2 – adjusted for age, sex and index of multiple deprivation

Model 3 – adjusted for age, sex and cardiometabolic comorbidities*

Model 4 – adjusted for age, sex, and all comorbidities**

Model 5 (fully adjusted model) – adjusted for age, sex, index of multiple deprivation, and all comorbidities

*Cardiometabolic comorbidities include hypertension, coronary heart disease, heart failure, previous stroke/TIA, diabetes, chronic kidney disease.

**Cardiometabolic comorbidities, asthma, chronic obstructive pulmonary disease.

In-Hospital Mortality



* Could we improve the current admission guidelines, NEWS2, and identify better individuals at greater risk, using blood biomarkers data?

Carr et al. *BMC Medicine* (2021) 19:23
<https://doi.org/10.1186/s12916-020-01893-3>


BMC Medicine

RESEARCH ARTICLE

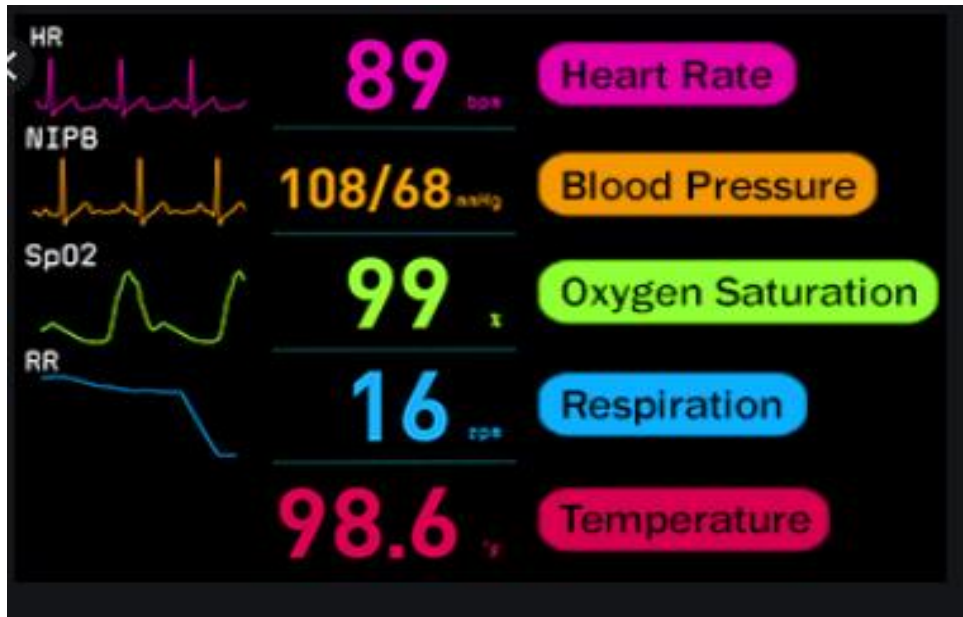
Open Access

Evaluation and improvement of the National Early Warning Score (NEWS2) for COVID-19: a multi-hospital study



Ewan Carr^{1†} , Rebecca Bendayan^{1,2†}, Daniel Bean^{1,3}, Matt Stammers^{4,5,6}, Wenjuan Wang⁷, Huayu Zhang⁸, Thomas Searle^{1,2}, Zeljko Kraljevic¹, Anthony Shek⁹, Hang T. T. Phan^{4,5}, Walter Muruet⁷, Rishi K. Gupta¹⁰, Anthony J. Shinton⁶, Mike Wyatt¹¹, Ting Shi⁸, Xin Zhang¹², Andrew Pickles^{1,2}, Daniel Stahl¹, Rosita Zakeri^{13,14}, Mahdad Noursadeghi¹⁵, Kevin O'Gallagher^{13,14}, Matt Rogers¹¹, Amos Folarin^{1,3,16,17}, Andreas Karwath^{18,19,20}, Kristin E. Wickstrøm²¹, Alvaro Köhn-Luque²², Luke Slater^{18,19,20}, Victor Roth Cardoso^{18,19,20}, Christopher Bourdeaux¹¹, Aleksander Rygh Holten²³, Simon Ball^{20,24}, Chris McWilliams²⁵, Lukasz Roguski^{3,16,19}, Florina Borca^{4,5,6}, James Batchelor⁴, Erik Koldberg Amundsen²¹, Xiaodong Wu^{26,27}, Georgios V. Gkoutos^{18,19,20,24}, Jiaxing Sun²⁶, Ashwin Pinto⁶, Bruce Guthrie⁸, Cormac Breen⁷, Abdel Douiri⁷, Honghan Wu^{3,16}, Vasa Curcin⁷, James T. Teo^{9,13†}, Ajay M. Shah^{13,14†} and Richard J. B. Dobson^{1,2,3,16,17†}

National Early Warning Score (NEWS2)

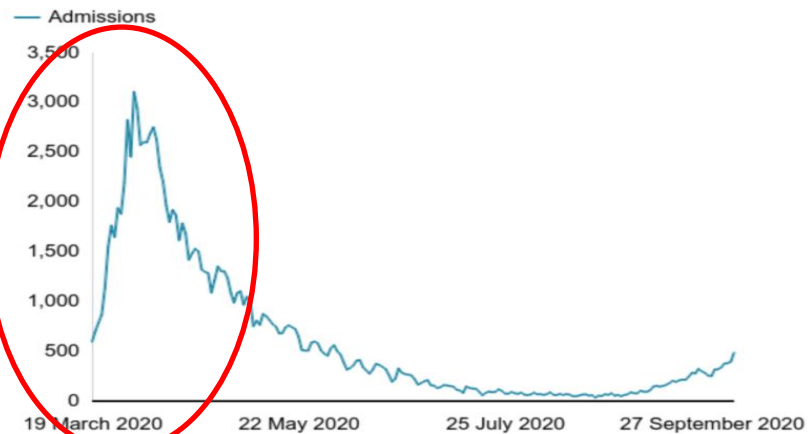


+ Blood Biomarkers

Study Cohorts:

KCH training cohort (n=1276): all adult inpatients testing positive for SARS-Cov2 by RT-PCR between 1st March to 31st April 2020 at King's College Hospital and Princess Royal University Hospital.

Admissions since 19 Mar 2020



Source: Gov.UK

BBC

External Validation Cohorts

1. Guys and St Thomas' Hospital NHS Foundation Trust (GSTT) (n=988 -3rd March to 26th August)
2. University Hospitals Southampton NHS Foundation Trust (UHS) (n=633 -7th March to 6th June)
3. University Hospitals Bristol and Weston NHS Foundation Trust (UHBW) (n=190 -12th March to 11th June)
4. University College Hospital London (UCH) (n=411 -1st February to 30th April).
5. University Hospitals Birmingham (UHB) (n=1037).
6. Oslo University Hospital (OUH) (n=166 -6th March to 13th June)
7. Wuhan Sixth Hospital and Taikang Tongji Hospital (n=2815 -4th February to 30th March)

Outcome

Severe COVID disease (transfer to ICU/death (WHO-COVID-19 Outcomes Scales 6-8) at 14 days following hospital admission.

Demographics. Age, sex, self-defined ethnicity as White vs. non-White (Black, Asian, or other and minority ethnic).

Comorbidities: hypertension, diabetes, heart disease (heart failure and ischemic heart disease), respiratory disease (asthma and chronic obstructive pulmonary disease, COPD) and chronic kidney disease.

Blood parameters:

Albumin (g/L), C-reactive protein (CRP; mg/L), estimated Glomerular Filtration Rate (eGFR; mL/min), Haemoglobin (g/L), lymphocyte count ($\times 10^9/\text{L}$), neutrophil count ($\times 10^9/\text{L}$), and platelet count (PLT; $\times 10^9/\text{L}$), neutrophil-to-lymphocyte ratio (NLR), lymphocyte-to-CRP ratio, and urea (mmol/L) (units).

Physiological parameters:

Respiratory rate (breaths per minute), oxygen saturation (%), supplemental oxygen flow rate (L/min), diastolic blood pressure (units mmHg), systolic blood pressure (mmHg), heart rate (beats/min), temperature ($^{\circ}\text{C}$), and consciousness (Glasgow Coma Scale; GCS).

*For all parameters we used the first available measure up to 48 hours following hospital admission.

Principal findings:

1) The derived model for 14-day ICU transfer/death included nine parameters:

NEWS2 score +

age +

supplemental oxygen flow rate

urea

oxygen saturation

CRP

estimated GFR

neutrophil count

neutrophil/lymphocyte ratio



* Could we stratify patients not only based on their baseline data on these biomarkers but also include their changes over time?

Current Research in Translational Medicine 69 (2021) 103276



Available online at
ScienceDirect
www.sciencedirect.com

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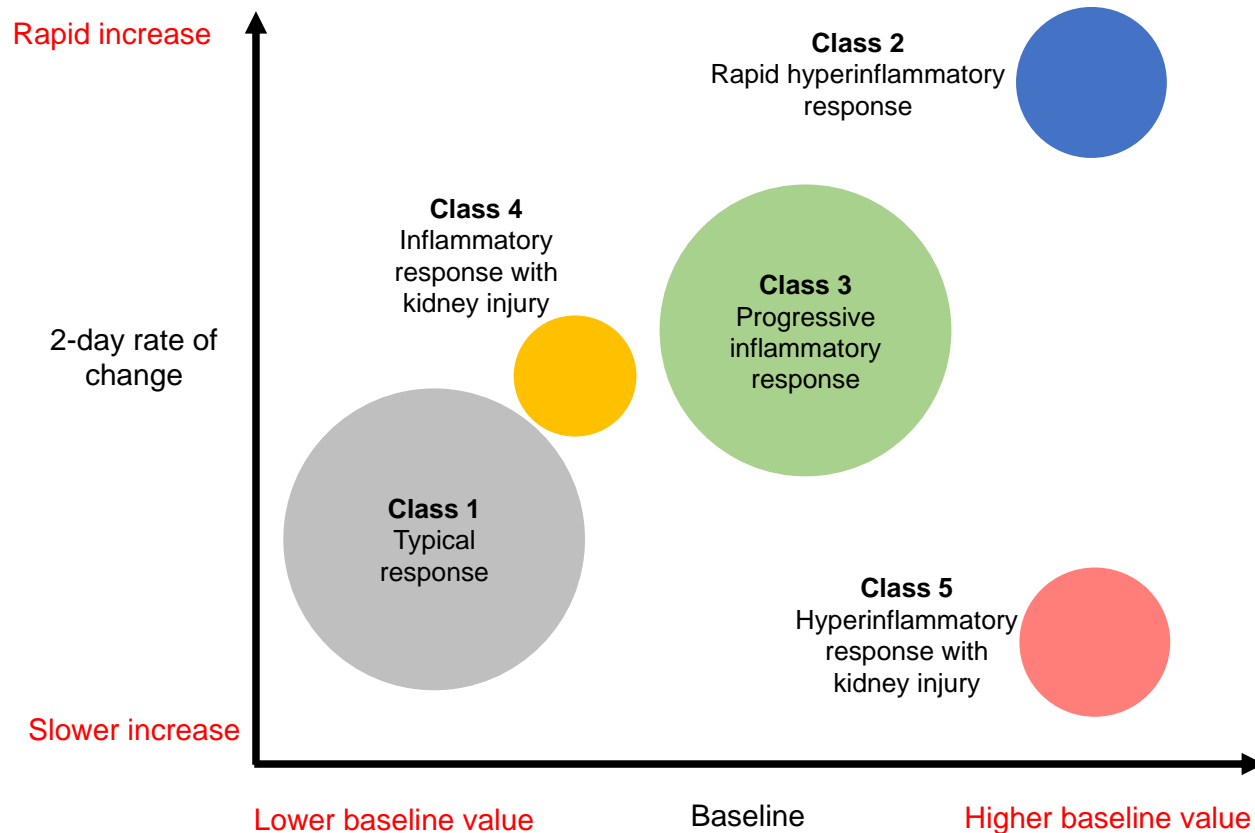
Original article

Biological responses to COVID-19: Insights from physiological and blood biomarker profiles



Rosita Zakeri^{a,b,1}, Andrew Pickles^{c,d,1}, Ewan Carr^c, Daniel M. Bean^{c,e}, Kevin O'Gallagher^a, Zeljko Kraljewic^c, Tom Searle^{c,d}, Anthony Shek^f, James B Galloway^g, James T.H. Teo^{b,f}, Ajay M. Shah^{a,b}, Richard J.B. Dobson^{c,d,h,i}, Rebecca Bendayan^{c,d,*}

Biological responses to COVID-19: Insights from physiological and blood biomarker profiles



CLASS 1: Typical COVID-19 response

38%

- 56% male, 36% non-White ethnicity.
- Most common comorbidities: hypertension (49%) and diabetes (33%).

CLASS 2: Rapid hyperinflammatory response

9%

- Older patients, predominantly White (76%), and with moderate prevalence of comorbidities (hypertension 52%, diabetes 30%).



Mortality risk

CLASS 3: Progressive inflammatory response

18%

- Similar to Class 1



Transfer to ICU risk

CLASS 4: Inflammatory response
with renal injury

6%

- 68% male, **66% BAME descent.**
- Highest comorbidity burden among classes (hypertension 81%, IHD 21%, heart failure 19%, diabetes 64% and CKD 69%).

CLASS 5: Hyperinflammatory
response with renal injury

9%

- 70% male, **61% White ethnicity.**



Mortality risk



Thanks to
SLaM and KHP patients and
clinicians, PPI groups, NIHR
BRC SLaM/CRIS support
services and funders (MRC,
NIHR, ESRC, HDR UK)

